Jenevieve Hughes, M.D.

Drain Instructions & Drain Record

- Wash hands before handling the drain(s).
- You will be given a cup to measure the fluid.
- Open the valve (bulb will expand) and gently squeeze fluid from the bulb into the cup to empty it completely.
- Squeeze the bulb tightly in your hand, and close the valve with the other hand (this reactivates the suction).
- Measure the fluid and record the amount in mL (1cc = 1mL).
- Keep a daily record (24 hour totals) of the fluid. Each morning, empty the drain at the same time to get accurate 24-hour totals. Empty the drain when you get up in the morning, midday, and before bedtime, or whenever the bulb is half to two-thirds full, and record the amount each time.
- If you have more than one drain, keep a separate record for each one.
- When the drainage is less than 30 mL in a 24-hour period for 2 days, please call the office to have your drain removed.
- Drainage will bright red for 2-3 days, then turn pinkish and finally amber in color.

Date	Morning	Midday	Evening	Other	Total